



Welcome to
Montfort Junior School
Parent Engagement session 2022

Who can you approach?



Mr Tan Wee Boon
Vice principal



Mdm Poh Lee Siew
Vice principal



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Who can you approach?



Mrs Irene Loh
Year Head
P1 & P2 Block



Ms Brenda Koh
Administrative
Manager



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Our School Motto

AGE QUOD AGIS

Do Well in Whatever You Do



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Our Vision

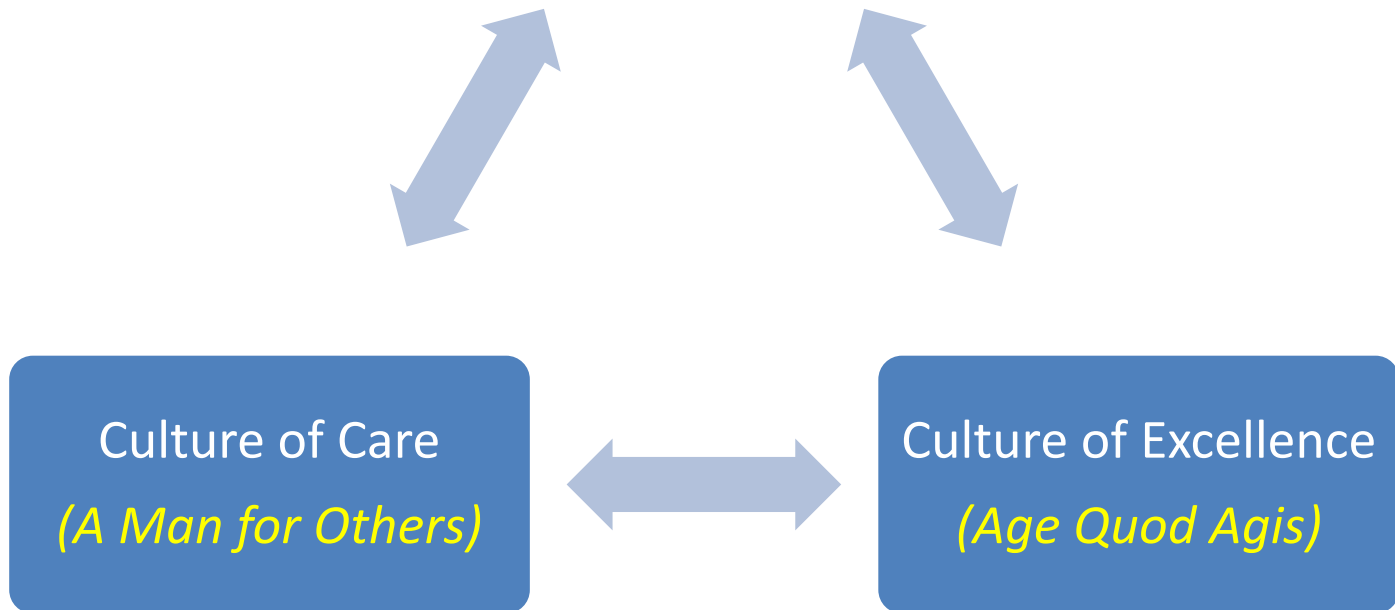
A Montfortian

A Man for Others



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Montfortian Culture



Shifts in education:

- Focus on deep learning rather than grades
- Time to explore interests and discover strengths
- Space to try, tinker and create
- Future Ready Learning



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Our Young Montfortian



Scholar



Sportsman



Gentleman



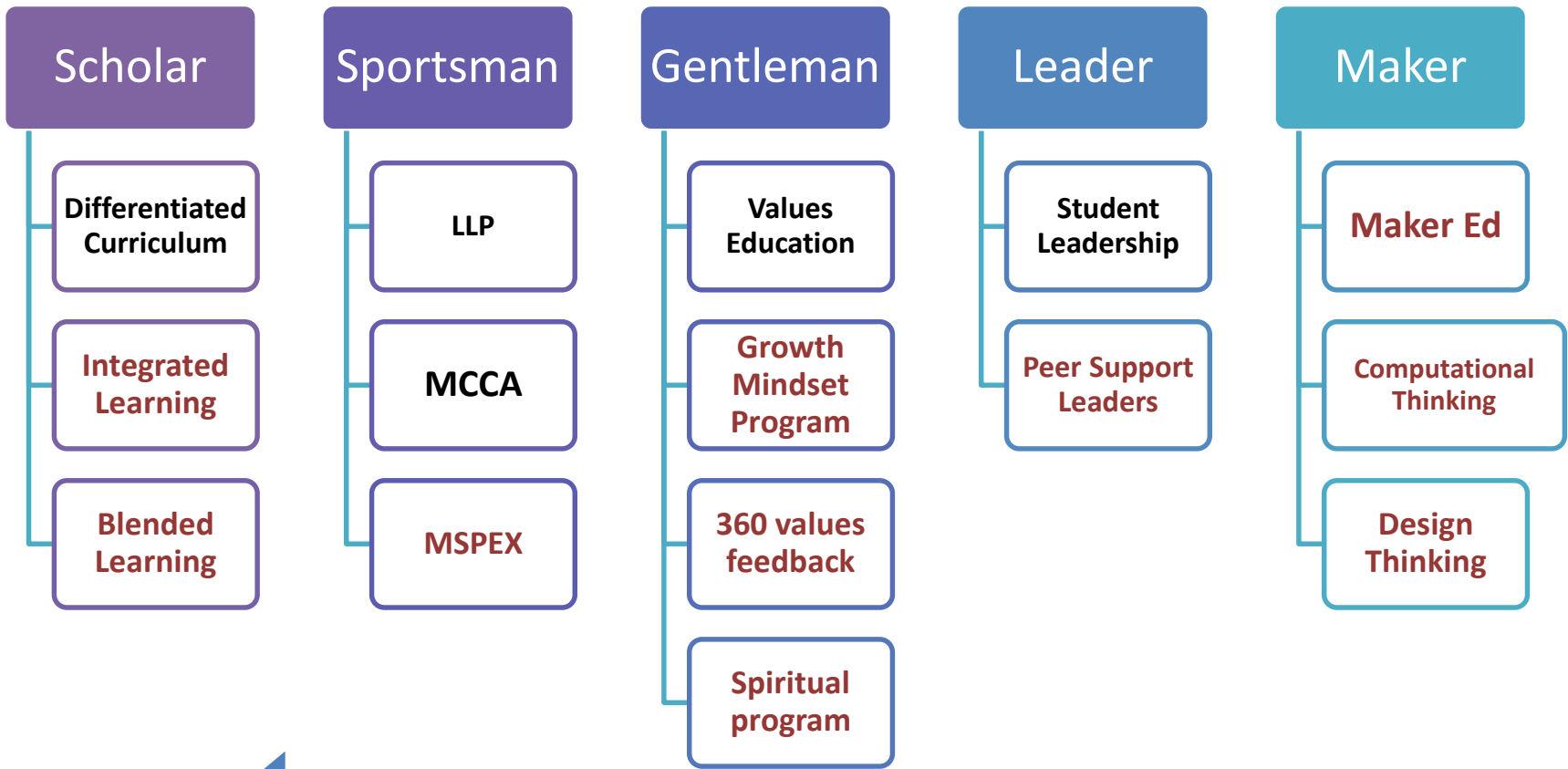
Leader



Maker



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Other Matters



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Other matters

- Road safety
- Communication expectations
- COVID SMM / Vaccination
- Montfort Junior Parents Connection
(MJPC)



Montfort- Gabrielite Educational Institutions (MGEI)



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Our 7 Institutions:

Montfort Junior School

Montfort Secondary School

St. Gabriel's Primary

St. Gabriel's Secondary

Assumption English School

Assumption Pathway

Boys Town



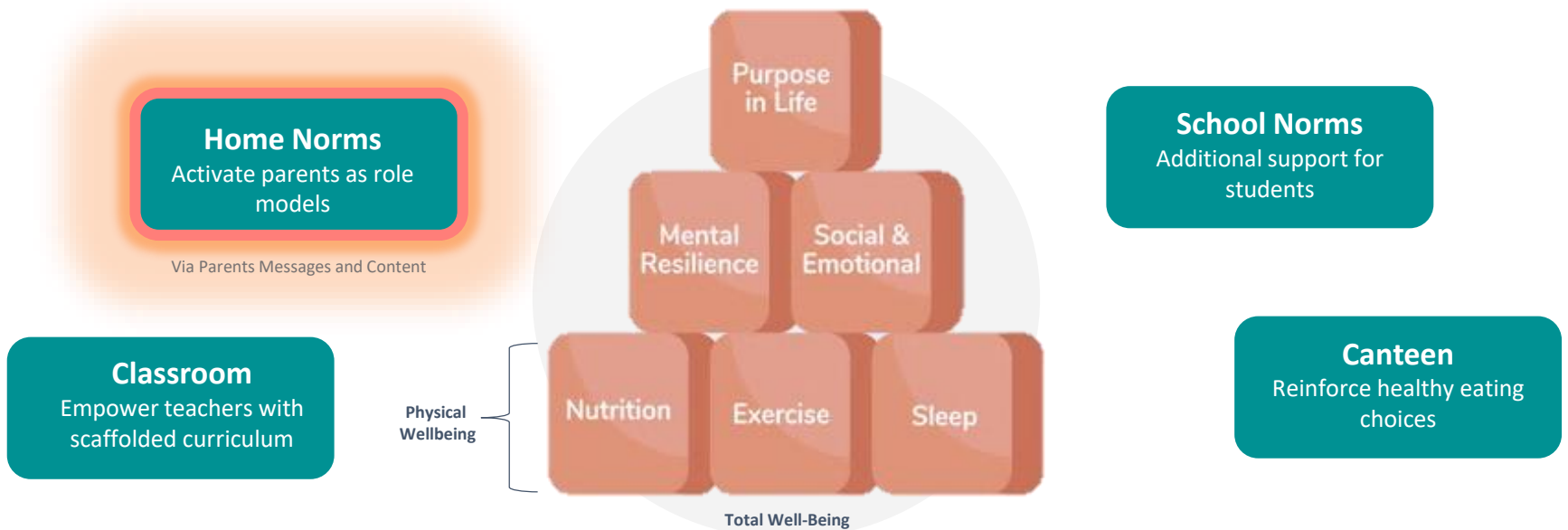
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Partnership with NHG



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Improve the Total Wellbeing of Students



- EDUcate** Provide Correct Knowledge
- ENGAGE** Increase Intention to Change
- EMPoweR** Apply Skills in Natural Environment

Talking Points for School Leaders

Why Parent Messages ?

To Extend learning at Home

By reinforcing key messages taught in the PHF curriculum and enable parents to practice and adopt healthy habits at home with their children.

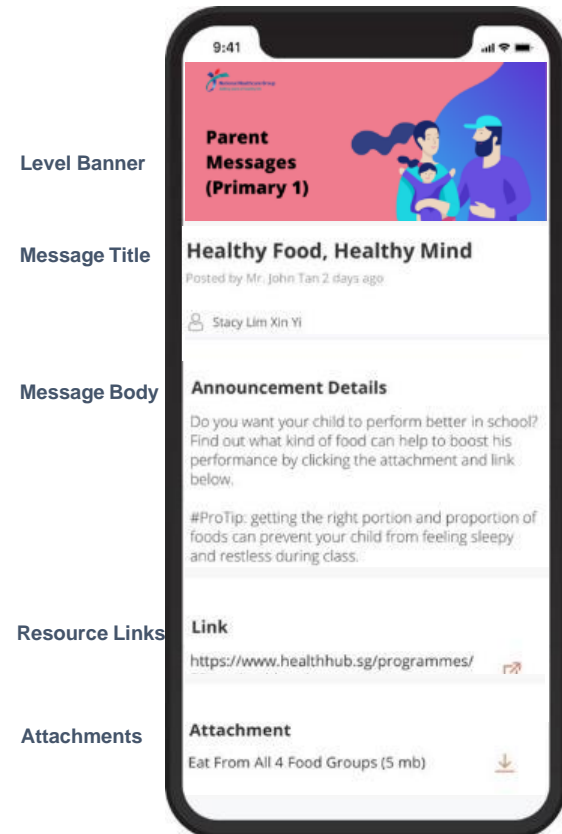
To Activate Parents to be Role Models

By engaging them to be enablers for their families and boosting them with simple small steps to increase skills and self-efficacy into their routines.

Strategy of Parents Messages

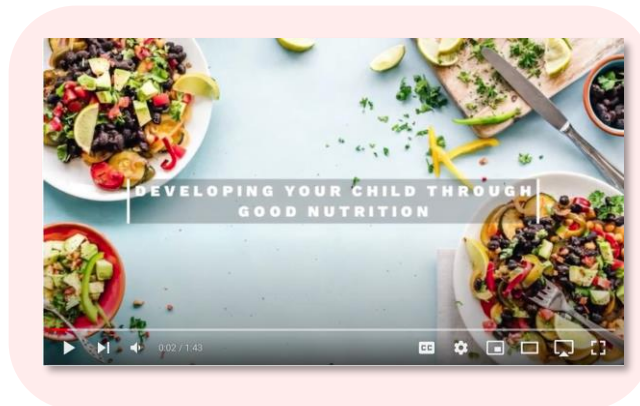
Raise Awareness, Create Interest and Curiosity, Build Self-Efficacy

Sample Parent Gateway Message for Parents



Message Title	Message for Parents	Links
<p>The Growth Mindset Journey with Your Child STARTS NOW!</p> <p>(Growth Mindset)</p>	<p>What helps your child grow his/her confidence at school?</p> <p>Besides having a supportive school environment, your child's mindset matters in how he/she copes with the new environment.</p> <p>Click on this video to find out more.</p>	<p>The Growth Mindset Journey with Your Child STARTS NOW!</p> <p>https://bit.ly/2UZFKye</p>
<p>A Life-long Gift That You Can Give To Your Child</p> <p>(Physical Health & Fitness)</p>	<p>Did you know that certain kinds of food can impair a child's learning and memory?</p> <p>The type of food that your children eat can affect their brain development. By learning more about nutrition, you can protect your child from these stresses.</p> <p>Click this video link.</p>	<p>Importance of Nutrition on Development:</p> <p>https://bit.ly/3kz7M4b</p>
<p>Do You Think Snacking Can Affect Your Child's Learning?</p> <p>(Physical Health & Fitness)</p>	<p>Snacks are one good way to satisfy hunger pangs in between meals. But the wrong type of snacks can affect your child. How?</p> <p>#ProTip: Short term effect: too much sugary snacks may cause your child to lose concentration and be restless in class. Long term effect: excessive calorie intake can lead to obesity.</p> <p>Click on the link to find out more.</p>	<p>"Healthy Snacking: Infographic [Refer to Next Slide]</p>

YouTube Videos



Infographic

HEALTHY SNACKING

CHOOSE SNACKS HIGH IN
PROTEIN, CALCIUM AND/OR FIBRE

*The portion shown is the recommended amount to take

	OR		OR		OR		OR	
	OR		OR		OR		OR	

LIMIT / AVOID SNACKS HIGH IN SUGAR, SALT, AND/OR FAT

National Healthcare Group
For any enquires, please contact livingwell@nhg.com.sg

Can you see the sparkle?



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School website:

www.montfortjunior.moe.edu.sg

Follow us on



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