



Welcome to  
Montfort Junior School  
Parent Engagement session 2022

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# Our School Motto

## AGE QUOD AGIS

## Do Well in Whatever You Do



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# Our Vision

## A Montfortian

## A Man for Others

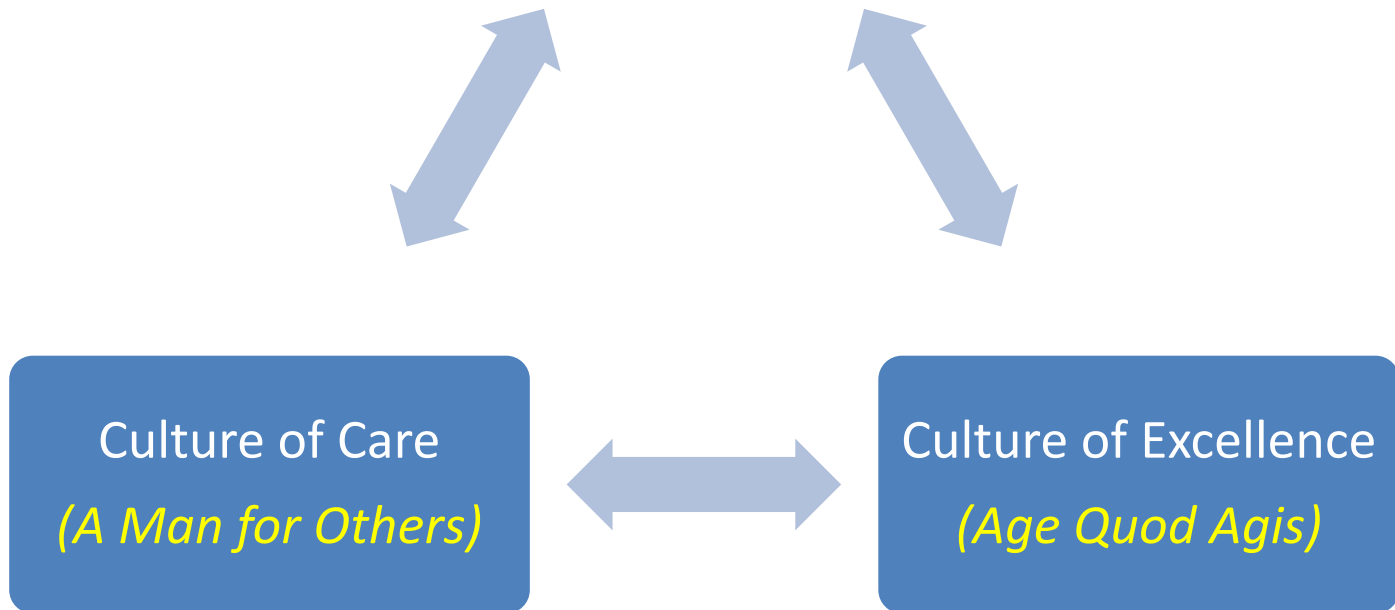


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# Montfortian Culture



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# Shifts in education:

- Focus on deep learning rather than grades
- Time to explore interests and discover strengths
- Space to try, tinker and create
- Future Ready Learning



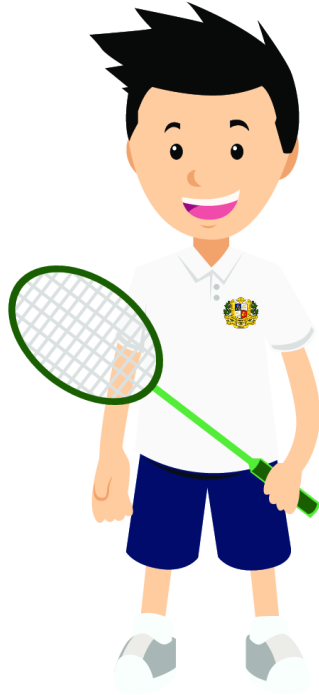
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# Our Young Montfortian



**Scholar**



**Sportsman**



**Gentleman**



**Leader**

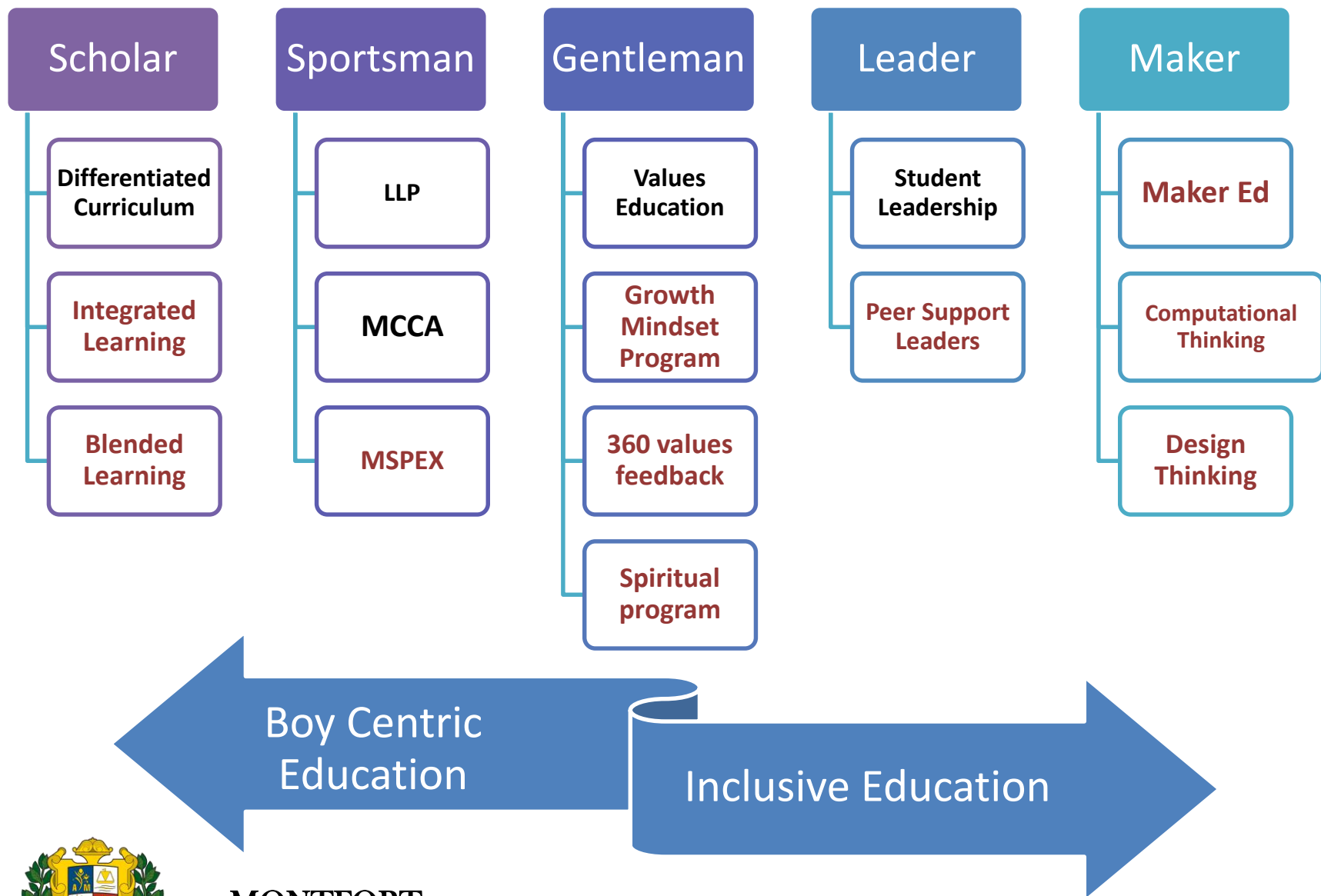


**Maker**



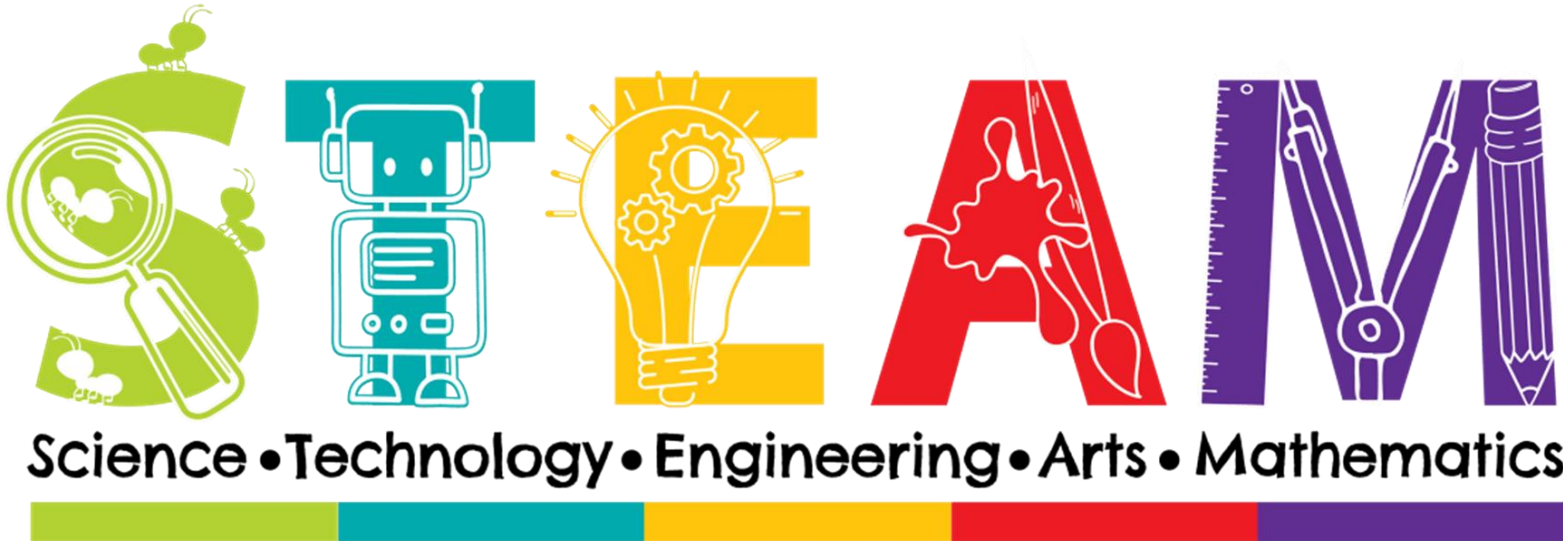
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# MONTFORTIAN



## PROGRAM (MSP)



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# Summary: What does MSP offer



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## **ABCs** of Montfort STEAM Programme

**A**

Students'  
Aspiration



+

The MSTEAM seeks to build students' aspirations in their areas of strengths and interests, specifically towards future-centric skills such as critical and computational thinking and effective communication.

**B**

Beyond the  
syllabus



+

Meticulously curated curriculum stretches knowledge building beyond textbooks, with a learning focus on integrated, multi-disciplinary application.

**C**

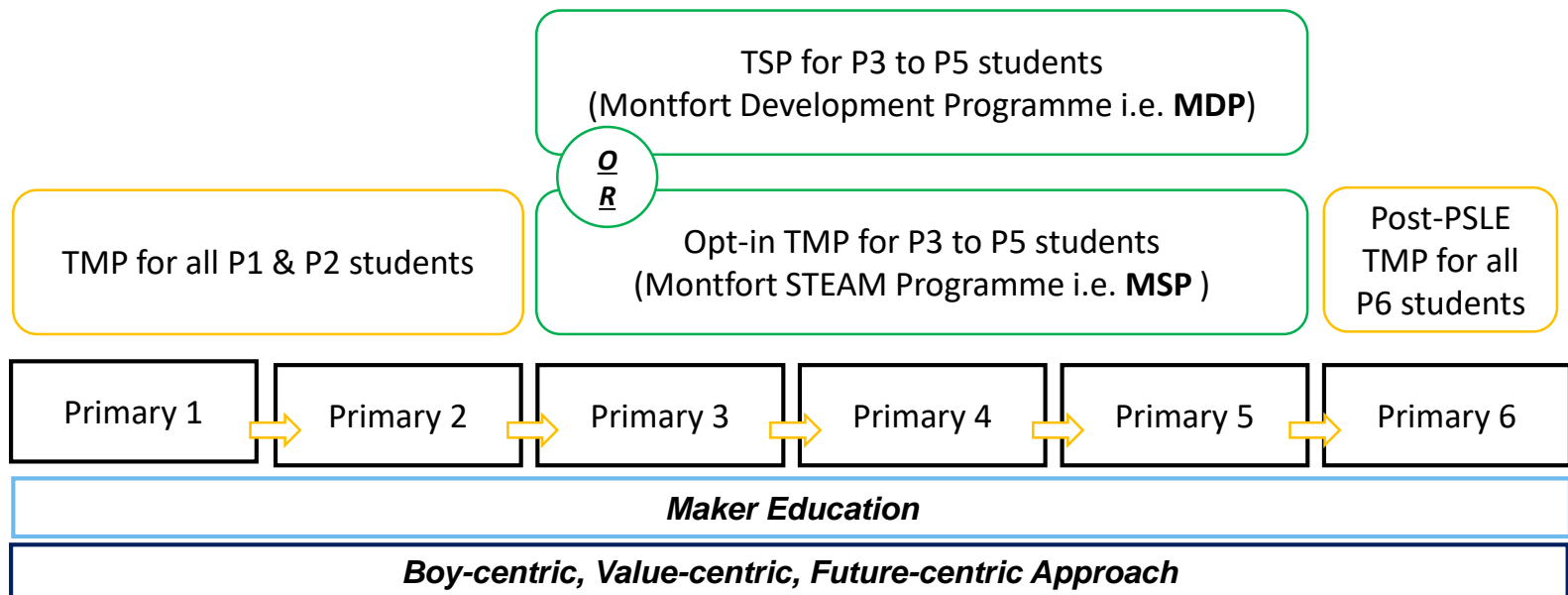
Students'  
Choice & Voice



+

Students are given the opportunities to select their elective modules of choice, to further encourage ownership of learning and to foster learning motivation.

# A Montfortian's education journey



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# Expectations for P3\_P4

## **P3 is a transition year**

- New subject
- Pace and intensity is increased
- No mid year exams

## **P4 is a consolidation year**

- Subject based banding
- No continual assessments (CA)



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## *Other Matters*



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# Other matters

- Road safety
- Communication expectations
- COVID SMM / Vaccination
- Montfort Junior Parents Connection  
(MJPC)



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# *Montfort- Gabrielite Educational Institutions (MGEI)*



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# Our 7 Institutions:

Montfort Junior School

Montfort Secondary School

St. Gabriel's Primary

St. Gabriel's Secondary

Assumption English School

Assumption Pathway

Boys Town



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## *Partnership with NHG*

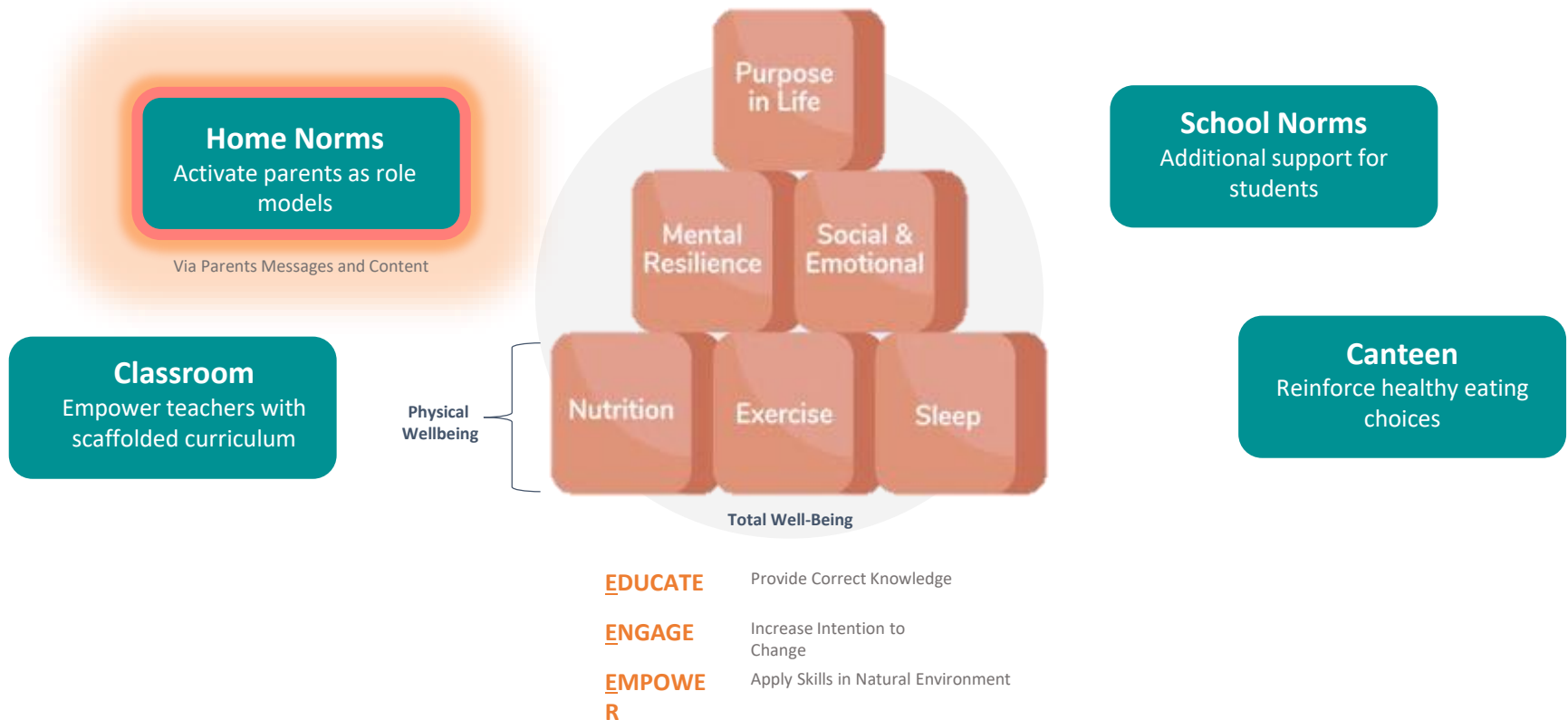


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### Improve the Total Wellbeing of Students



## Talking Points for School Leaders

### Why Parent Messages ?

#### To Extend learning at Home

By reinforcing key messages taught in the PHF curriculum and enable parents to practice and adopt healthy habits at home with their children.

#### To Activate Parents to be Role Models

By engaging them to be enablers for their families and boosting them with simple small steps to increase skills and self-efficacy into their routines.

#### Strategy of Parents Messages

**Raise Awareness, Create Interest and Curiosity, Build Self-Efficacy**

Sample Parent Gateway Message for Parents

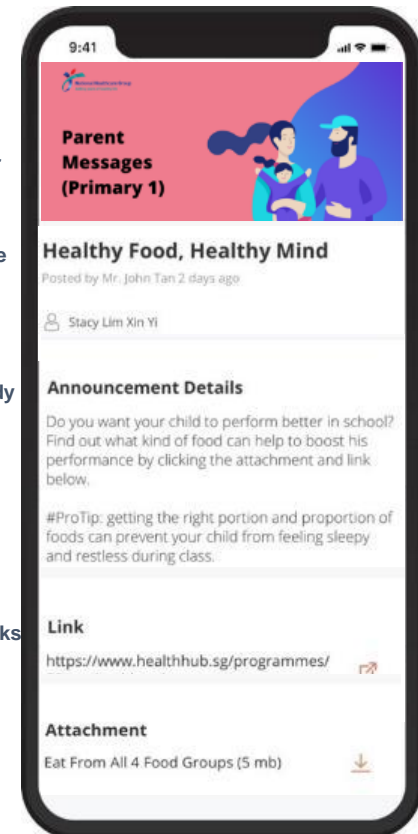
Level Banner

Message Title

Message Body

Resource Links

Attachments



## Examples of Messages Parents Messages – Primary 1 (Term 1)

Message Title	Message for Parents	Links
<b>The Growth Mindset Journey with Your Child STARTS NOW!</b>  <b>(Growth Mindset)</b>	<p>What helps your child grow his/her confidence at school?</p> <p>Besides having a supportive school environment, your child's mindset matters in how he/she copes with the new environment.</p> <p>Click on this video to find out more.</p>	<p>The Growth Mindset Journey with Your Child STARTS NOW!</p> <p><a href="https://bit.ly/2UZFKye">https://bit.ly/2UZFKye</a></p>
<b>A Life-long Gift That You Can Give To Your Child</b>  <b>(Physical Health &amp; Fitness)</b>	<p>Did you know that certain kinds of food can impair a child's learning and memory?</p> <p>The type of food that your children eat can affect their brain development. By learning more about nutrition, you can protect your child from these stresses.</p> <p>Click this video link.</p>	<p>Importance of Nutrition on Development:</p> <p><a href="https://bit.ly/3kz7M4b">https://bit.ly/3kz7M4b</a></p>
<b>Do You Think Snacking Can Affect Your Child's Learning?</b>  <b>(Physical Health &amp; Fitness)</b>	<p>Snacks are one good way to satisfy hunger pangs in between meals. But the wrong type of snacks can affect your child. How?</p> <p>#ProTip: Short term effect: too much sugary snacks may cause your child to lose concentration and be restless in class. Long term effect: excessive calorie intake can lead to obesity.</p> <p>Click on the link to find out more.</p>	<p>"Healthy Snacking: Infographic [Refer to Next Slide]</p>

### YouTube Videos



### Infographic

## HEALTHY SNACKING

**CHOOSE SNACKS HIGH IN PROTEIN, CALCIUM AND/OR FIBRE**

\*The portion shown is the recommended amount to take

	OR		OR		OR		OR	
1 slice of wholemeal softbread with thin layer of peanut butter		1 packet low fat plain milk		1 packet lower sugar malted drink		1 packet high calcium lower sugar soya bean milk		1 hard boiled egg
	OR		OR		OR		OR	
3 pieces of wholemeal crackers		6 small pieces of plain crackers		1 small packet (30g) plain cornflakes		4-5 tablespoons of plain steamed corn (without butter/margarine)		One fruit (e.g. 3 apples, 1 pear, 1 orange or 10 pieces of grapes)

## LIMIT / AVOID SNACKS HIGH IN SUGAR, SALT, AND/OR FAT

			
Chocolates	Donuts	Cream biscuits	Potato chips
			
Fried food	Sweets	Sweetened beverages (soft drinks, flavoured teas, fruit juices)	

 For any enquires, please contact [livingwell@nhg.com.sg](mailto:livingwell@nhg.com.sg)

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# Can you see the sparkle?



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**School website:**

**[www.montfortjunior.moe.edu.sg](http://www.montfortjunior.moe.edu.sg)**

**Follow us on**



**wilbur\_wong@moe.edu.sg**



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